

# The Unreal World Of Mental and Emotional Escape

The first order of ministering to the Body of Christ is the releasing of believers from any involvement with the powers of darkness i.e. the occult world. (See Checklist of Occult Involvement for possible associations and involvements.) For the moment, more understanding can be found in the folder that deals with the "Spiritual Warfare."

## Steps to freedom are:

- Godly repentance is needed, for having trusted and involved yourself with these demonic deceptions of the kingdom of darkness, to be released from its stranglehold and claim on your soul.
- Repent, thank and praise God, then Renounce any reading of books, watching of movies, or visiting of websites, on the subject of the occult.
- Take authority over the spirit of curiosity and possible other God-defying spirits.
- Know you have not received a spirit of fear; do not own it through an identifying confession, although it may feel like you have a spirit of fear.
- Focus on "Christ in you the hope of glory" and freedom.

Any image in your memory concerning the practices of darkness and personal threats will have to be replaced by the written Word of God internalized with the Holy Spirit's help.

Memories of past traumas will take precedence over the Word of God in times of pressure or hardship.

## The choice to flee or stand (Psalm 55:1-23), A psalm of David).

The unbeliever's mind is constantly in a state of flux and searches for a release from the tremendous pressures of uncertainty, with all the possibilities of failure. The future pressures (tribulations) are going to increase so that the peoples' hearts will fail because of fear, (Luke 21:26) And there shall be signs in the sun, and in the moon, and in the stars; and upon the earth distress of nations, with perplexity; the sea and the waves roaring; rumors of wars, wars; economic collapse through fraud and dishonesty; immorality resulting in deadly accidents etc., men having no strength to control their sexual drives. We can be sure the powers of heaven shall be shaken; as a matter of fact the powers of the air are at this moment being shaken that those things which cannot be shaken may remain. (Heb. 10:27; 1 Tim. 4: 1-2; 2 Tim. 3: 1-7; Ezek. 21:27)

By the time that everything which has no foundation in and upon Christ begins to collapse in spite of every effort made to stabilize it, let's say the money market, the economy of the land, Christians must by then have come to the point of having stability, strength by the truth of the Word of God through the Holy Spirit, in their hearts and minds. Ps. 51:6; Prov. 2:21; Jer. 5:3; 1 Chron. 29:17).

Creating mental and emotional escapes is something most of us have resorted to at some time in our life. In young people it can have a more serious impact because it is a matter of survival for them. Some youth are exposed to Sadistic Ritual Abuse (SRA). Little does a young person realize that later in life these horrible fear-driven escapisms or mind flights would cause an inability to concentrate and focus on tasks, trains of thought and on the Word of God. One of the undermining results of escapisms is creating a world of total solo or self-entertainment where nobody else is needed any more. Never having been confirmed, or, growing up with broken promises, adds greatly to the instability of their personality in the areas of decision-making and spiritual authority in their lives. It may even be the cause of double-mindedness, of which the apostle James speaks in his epistle, (Jam. 1:8; 4:8).

To truly function in freedom and faith one must be free from a mindset ready to escape from confrontations or problems, free from shirking responsibilities when you are called upon to address issues or to solve problems. As Christians, we are able to walk through life with a sound mind, (1 Tim. 1:7), through faith in Christ.

## 1. Sources of Fantasies and distractions of the all invasive electronic world:

- **Television entertainment and electronics:** watching soap operas, sitcoms, endless sports even darts, like someone on T.V. said, "Ice hockey is not a sport; it is a religion in Canada," I wonder what the sport religion is in your country? I may add that the use of all other sports in the USA and useless shows are sources of short-term comfort and relaxing. Let's not forget the highly 'developed' Japanese computer games.
- **Occult games:** Dungeons and Dragons projects a person into the world of demonic interaction solving problems by elimination—killing the opposition in order to advance. Some card games are designed to open the way for occult involvement and interaction, such as Pokémon. Fantasy computer games like Everquest open the way into occult or satanic involvement. Music, Movies, Novels (i.e. Harry Potter books), Travel, Food, Shopping, Drugs, Drinking, etc.
- Power-tripping, learning power sports (adrenaline rush and addictive) based upon strong soul involvement such as karate, etc. (Rejection and emotional disappointments deplete the body of dopamine, which needs to be replenished somehow.). Excitement without Christ has the opposite effect than what you expect. (Psalm 106:15)

## 2. Reasons for Escapism:

- Family abuse, sadistic ritual abuse, i.e. a child living with demonized controlling parents.
- Having your life ruled and dominated or even threatened by someone close and receiving no protection from those that are placed in authority over you.
- Providing a way of escaping from disappointments, loneliness, shame and rejection an inability to deal with the problems and responsibilities.

## 3. Results of Escapism:

- One of the major handicaps in the lives of believers is lack of concentration, comprehension, courage and confidence and being easily intimidated.
- Inability to stay focused and centered on God's truth and promises.
- A lack of capacity to make proper decisions and evaluations.
- A fear to stand for righteousness if there is pain or suffering involved never entering into a spiritual walk.
- Codependency, control and strife at the same time resulting in demonic activity and torment.
- Avoiding problems or minimizing problems.
- Holding family secrets forcing the child to lie.
- Easily intimidated by people, situations or circumstances.

## 4. Spirits that become attached to this lifestyle:

The "**spirit of escapism**" is the initial spirit who may present itself as an inviting friend, suggesting a way out of all the threats, fears, and pressures with the **spirit of fear** and the **spirit of rejection and shame**, there is always a **spirit of death** associated. The **spirit of error**, (1 John 4:6) with its lying and scheming, causes difficulty in coming into the knowledge of the truth. The **spirit of diabetes** comes in when a person is exposed to strong abuse and insecurity as a child. The spirit of diabetes affects the body in 15 to 18 different ways as a result of the workings of the **spirit of infirmity**. the **spirit of unbelief** is prevalent with this mindset. Jesus encourage the disciples in John 16:33 *"These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world."*

## KING DAVID'S RESPONSES

### David's natural response to the pressures of life:

David's natural response towards the constant threats and unkind treatment is to want to get away. He, like us, wants to fly away to a place of peace and safety, a place where nobody can reach us or make our lives miserable, where nobody can hurt us or shame us. (Psalm 55:6-8)

### David's spiritual responses:

"As for me, I will call upon God; and the LORD shall save me." (Ps. 55:16)

David's dependency upon and trust in the Lord: "Cast your burden upon the LORD, and He shall sustain you: He shall never suffer the righteous to be moved." (Ps.55:22)

### Release from this lifestyle is by:

1. Recognition and Acknowledgement of the problem or stronghold of fear. (James 5:8)
2. Repentance and Forgiveness (2 Cor. 7:10-11; Mark 11:25, 26; Luke 6:37; 17: 6)
3. Laying hold of God's healing and restoration through the cross of Jesus Christ.
4. Denouncing, Renouncing and Dissociating from, then the removal of, hierarchies in the heavenly realm.
5. Fill yourself up with Word of God and the Spirit of revelation in the knowledge of Jesus Christ.
6. Become a worshipper instead of a worker or performer.

### Overcoming Escapism: Psalm 55:6-8, 16, 22 (A Psalm of David).

#### David's trials and supplication:

- 1 Give ear to my prayer, O God; and hide not Yourself from my supplication.
- 2 Attend unto me, and hear me: I mourn in my complaint, and make a noise;

#### David's sorrow:

- 3 Because of the voice of the enemy, because of the oppression of the wicked: for they cast iniquity upon me, and in wrath they hate me.
- 4 My heart is sore pained within me: and the terrors of death are fallen upon me.
- 5 Fearfulness and trembling are come upon me, and horror has overwhelmed me.

#### David's possible solution, escape:

- 6 And I said, Oh that I had wings like a dove! For then would I fly away, and be at rest.
- 7 Lo, then would I wander far off, and remain in the wilderness. Selah.
- 8 I would hasten my escape from the windy storm and tempest.

#### David's observation of wickedness:

- 9 Destroy, O Lord, and divide their tongues: for I have seen violence and strife in the city.
- 10 Day and night they go about it upon the walls thereof: mischief also and sorrow are in the midst of it.
- 11 Wickedness is in the midst thereof: deceit and guile depart not from her streets.

#### David's hurts caused by close relationships:

- 12 For it was not an enemy that reproached me; then I could have borne it: neither was it he that hated me that did magnify himself against me; then I would have hid myself from him:
- 13 But it was you, a man mine equal, my guide, and mine acquaintance.
- 14 We took sweet counsel together, and walked unto the house of God in company.

#### David's painful response:

- 15 Let death seize upon them, and let them go down quick into hell: for wickedness is in their dwellings, and among them.

#### David's spiritual response:

- 16 **As for me, I will call upon God; and the LORD shall save me.**
- 17 Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice.
- 18 He has delivered my soul in peace from the battle that was against me: for there were many with me.
- 19 God shall hear, and afflict them, even he that abides of old. Selah. Because they have no changes, therefore they fear not God.
- 20 He has put forth his hands against such as be at peace with him: he has broken his covenant.
- 21 The words of his mouth were smoother than butter, but war [was] in his heart: his words were softer than oil, yet were they drawn swords.
- 22 **Cast thy burden upon the LORD, and He shall sustain you: He shall never suffer the righteous to be moved.**
- 23 But You, O God, shall bring them down into the pit of destruction: bloody and deceitful men shall not live out half their days; but I will trust in You.